

F O C U S

Issue #382

Feeding Our Curiosity, Uncovering Strengths

May 6th, 2019

National Hospice Palliative Care Week 2019: May 5-11, 2019

Busting the myths on Hospice Palliative Care!

May 5-11, 2019 marks National Hospice Palliative Care Week in Canada.

National Hospice Palliative Care Week is a time to celebrate and share achievements of hospice palliative care throughout the nation, but it also provides a platform to look at shortcomings and create bridges for these gaps.

This year, CHPCA responded to a call for an updated “Busting the Myths” campaign.

Myths circulate about accessibility, ease of access, illness criteria and cultural misperceptions of hospice palliative care and impacts care that is accessed and provided.

For more information visit:

www.chpca.net/week

10 Myths ABOUT PALLIATIVE CARE

National Hospice Palliative Care Week | May 4-11, 2019

Test your knowledge about hospice palliative care myths throughout the week on Facebook (@CanadianHospicePalliativeCare) and on Twitter (@CanadianHPCAAssn) using the hashtag #BustingtheMyths

<p>Myth 1 PALLIATIVE CARE IS ONLY ABOUT PAIN CONTROL</p> <p>Palliative care includes psychological, social, emotional, spiritual, caregiver support and practical support</p> 	<p>Myth 6 I'M TOO YOUNG TO RECEIVE PALLIATIVE CARE</p> <p>Hospice palliative care is provided to people of all ages from infancy to adulthood</p> 
<p>Myth 2 I'M NOT READY TO RECEIVE PALLIATIVE CARE</p> <p>89% of people with life-limiting illness, such as a progressive neurological illness, organ failure, or frailty could benefit from palliative care</p> 	<p>Myth 7 PALLIATIVE CARE IS A LOCATION, NOT A RESOURCE</p> <p>Hospice palliative care is a service that can be provided in many settings, including the patient's home</p> 
<p>Myth 3 MY PHYSICIAN HASN'T MENTIONED IT TO ME, SO I MUST NOT NEED IT</p> <p>Patients can initiate conversations with health care teams related to hospice palliative care</p> 	<p>Myth 8 TALKING ABOUT DYING CAUSES STRESS FOR MY LOVED ONES</p> <p>A cultural shift in how we talk about death and dying is required to facilitate acceptance and understanding of what palliative care is and how it can positively impact people's lives</p> 
<p>Myth 4 MY COMMUNITY DOESN'T HAVE A HOSPICE SO I CAN'T ACCESS HOSPICE PALLIATIVE CARE</p> <p>Palliative care can be provided at home, in a long-term care facility, hospice or hospital</p> 	<p>Myth 9 PALLIATIVE CARE IS ONLY FOR PATIENTS NEAR THE END OF THEIR LIVES</p> <p>Palliative care benefits patients and families from diagnosis until end of life</p> 
<p>Myth 5 RECEIVING PALLIATIVE CARE MEANS I'VE ADMITTED DEFEAT</p> <p>Palliative care is for any one at any stage of their illness, aimed at improving quality of life for patients and their families</p> 	<p>Myth 10 CHILDREN CANNOT RECEIVE HOSPICE PALLIATIVE CARE</p> <p>Children need care that is appropriate to their condition/illness, their size, age, understanding of their condition and its implications, and their spiritual and emotional awareness</p> 

Community Care
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CCN In the News: Cobourg Resident wins James Bryson Memorial Volunteer of the Year

Community Care Northumberland (CCN) is pleased to announce this year's winner of the James "Jim" Bryson Memorial Volunteer of the Year is Cobourg resident.

"This is the 13th anniversary of this award, named after a long time volunteer Jim Bryson. This award is given to a one volunteer annually recognizing their outstanding contribution made in promoting the agency and enhancing the quality of life for our clients," said Trish Baird – CCN Executive Director. "The recipient of this award is representative of all our volunteer's contributions throughout the year."

"Stan is easy going, helpful, smart and funny," said Sheri Birney – CCN Program Coordinator in Cobourg. "He goes out of his way to do extras for our clients which they and the staff appreciate very much."

Over the past several years, Stan has taken many clients to various locations, from medical appointments to airport drop off and pickups, to family functions. To date Stan has driven approximately 1,445 trips and a total of over 300,000 kilometers.

"Stan is always willing to give a helping hand – he is our "go to" person if we are in a crunch," added Birney.

"On behalf the staff and Board of CCN I would like to congratulate Stan Davey as CCN Volunteer of the Year," added Baird. "We thank Stan for all he gives to Community Care. We must also mention his secretary, Ruth too - she keeps everything organized on the home front."



(L-R) Heather Marriott – CCN Enhanced Care Coordinator, Trish Baird – CCN Executive Director, Ruth Davey, Stan Davey, Sheri Birney – CCN Program Coordinator in Cobourg, Laurie Matiyek – Office Administrator in Cobourg, Tammy Harnden and Patti Aitken – CCN Program Assistants in Cobourg at Community Care Northumberland's program office in Cobourg.

For more information about volunteer opportunities, please contact your local Community Care Northumberland office or visit www.commcare.ca/volunteer.html



Summer Student—Job Opportunity

Job Title: Summer Office Assistant

Position Location: Brighton/Colborne offices

Hours Per Week: 35

Duration of Position: 8 weeks

Rate of Pay: \$14.00 per hour

Job Description Summary

Provide administrative and program support for our service offices in Brighton, Colborne offices including;

- Receptionist duties including greeting the public, answering enquiries via phone and email
- Assisting in the promotion of programs such as: Meals on Wheels, Community Diners, Transportation Programs and Wellness Programs
- Assisting local program staff with their volunteer recruitment and retention programs
- Providing assistance with the planning and implementation of special events
- Providing assistance with communication projects.

In order to fulfill grant obligations:

Candidates must be Post- Secondary student, intending to return to studies full time in the fall

Other considerations:

Access to reliable transportation as travel between offices will be required

Candidate must complete a vulnerable sector check

Candidate must provide references

In order to be considered for this position, please forward your cover letter and resume to Leianne Peart at l.peart@commcare.ca by May 10th, 2019

Community Care Northumberland is an organization that strives to embrace the spirit of inclusion, diversity, equity and accessibility. We are an equal opportunity employer committed to building an inclusive and barrier-free environment in which all individuals have access in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act (AODA) throughout all stages of the recruitment process. The personal information submitted for employment is collected under the Freedom of Information and Protection of Privacy Act and will be used to determine eligibility for employment. We thank you for your application, but advise you that only those selected for an interview will be contacted.

Thank You, VIA Rail



The golf committee would like to extend their thank you to VIA Rail. VIA Rail has renewed their support of the annual "Caring Fore Our Community" golf tournament event with a donation of a \$300 travel voucher to it's silent auction table. This donation is definitely a premier item and popular with golfers.

Thank you, VIA Rail!



Board Recruitment

Interested in Making a Difference in Your Community? Board & Committee Member Vacancies

Community Care Northumberland is reaching out to the community for individuals interested in joining our Board of Directors and Committees of the Board.

Recently the Board completed a strategic plan to help guide the organization over the next three years. The five Strategic Directions of the plan are;

- **Fostering a Strong and Sustainable Organization**
- **Ensuring Innovative Solutions**
- **Strengthening Partnerships and Leveraging Capacity**
- **Investing in Our People**
- **Sharing Our Story**

With the release of our strategic plan the Board will be focusing its efforts on the following;

Supporting the construction of Ed's House, Northumberland Hospice Care Centre with anticipated construction start April 2019,

Responding and participating in new directions from the Provincial Government under Ontario Health Teams,

Renewing governance processes and structures to respond to our strategic plan.

The Nominating Committee is looking to recruit potential candidates with the following skill sets;

- Legal Expertise
- Building/Plant Operations
- Health Care Administration and Policy Development
- Information Technology
- Government and Governmental Relations



If you are interested in this opportunity or have a question, please request an application package from our Administration office – Tina Stephens – Executive Assistant at 1-866-514-5774 or email Tina at

t.stephens@commcare.ca

